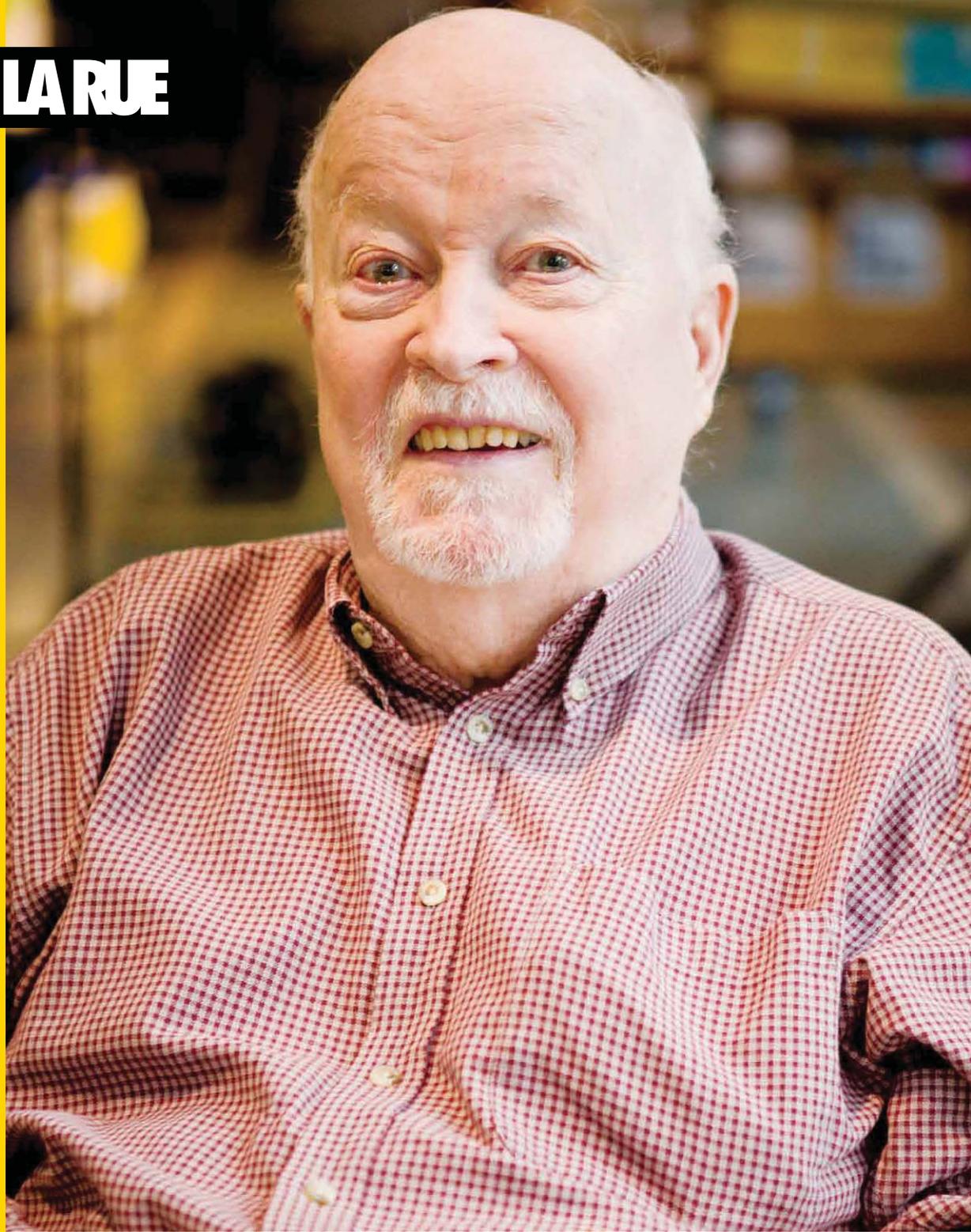


DANS LA RUE

ALREADY 25 YEARS



2012-2013

ANNUAL REPORT



In 1988, Father Emmett Johns «Pops» gave his first hot-dog to a homeless youth.

ALREADY 25 YEARS



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OUR MISSION

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Le Bon Dieu dans la rue, founded by Father Emmett Johns (“Pops”) in 1988, provides assistance to homeless youth and youth at risk. With dedication, empathy and respect, and with the support of the community, we care for their immediate needs, and help them acquire the skills and resources needed to lead more autonomous and rewarding lives.

MESSAGE FROM THE CHAIRMAN OF THE BOARD



DOING EVEN MORE FOR MONTREAL’S STREET YOUTH

Dans la rue’s 25th anniversary celebrations began in the fall of 2013. This milestone provides us with an ideal opportunity to reflect on our past achievements and identify the building blocks for our future success in making a difference in the lives of homeless youths. This planning exercise will be ongoing throughout the coming year.

In the quarter of a century since Father Emmett “Pops” Johns took the first Van out into the streets of Montreal, a wide range of services and programs has emerged. Today, we are proud to offer a fully integrated approach targeting a multitude of fundamental needs: food, shelter, hygiene, physical and mental well-being, safety, security, community, education, employment, self-awareness and self-sufficiency. None of the aspects involved in the difficult transition to adult life is overlooked. Thanks to the support of our generous partners, our professionals and volunteers provide nourishment for the body and spirit, an attentive ear and a shoulder to lean on, be at the day centre, on the Van or in the Bunker, to help these youths build a better and brighter future.

It is with a tremendous sense of satisfaction that we can now confirm that a major project that has been years in the making will soon be a reality: the development of a supportive housing facility for close to 20 Dans la rue youths. All the papers are signed, all the i’s are dotted and the t’s crossed, and we will be breaking ground any day now!

I salute Pops’ remarkable vision and the tireless efforts of everyone at Dans la rue who strives day in and day out to make his dreams come true. In particular, I would like to thank our outgoing Executive Director, Aki Tchitacov, for his outstanding work at the head of the organization for the past seven years. And last but not least, my fellow board members and I bid a warm welcome to Cécile Arbaud as she takes over in this role.

Together, we can and we will continue to do even more for Montreal’s street youth!

Peter J. Cullen, Stikeman Elliott LLP



A CONSTANT COMMITMENT

I am extremely pleased and proud to present you with this annual report, my first as the Executive Director of Dans la rue. Since I joined the organization in January 2013, I have had the great joy of discovering something new about Dans la rue every day and appreciating the finer points of what our team does. I have realized just how solid the various programs that have been developed over time really are. And I have observed the strong bonds formed for and with street youth to help them move forward in their lives.

Our commitment to working with each and every one of these youths is a constant one. Among the highlights of the past year were the growing number of enrollees in our employment and pay-by-day programs, as well as the launch of our INSPIRE CD, which gave 15 of our talented young people a one-of-a-kind opportunity to express themselves in music, with the support and encouragement of a wonderful group of artists and industry professionals. And our Family Services were the subject of a study conducted by the Groupe de recherche sur l'inscription sociale et identitaire des jeunes adultes (GRIJA), which speaks to the value and impact of the initiative. Plus, we have invested ongoing efforts into broadening our already extensive volunteer base.

Our 25 years of expertise makes us one of the leading authorities on youth homelessness and enables us to build further on our initiatives and our partnerships to be even more comprehensive in our approach. The findings of a study on young runaways, completed in 2012, have provided the impetus for various youth protection stakeholders to play a more proactive role before, during and after the decision is made to give street life a try. Currently, we are rethinking our entire approach to dealing with mental illness among young people. We are proud to advocate for youths' rights and impress upon municipal court judges, housing authorities and others the importance of taking their particular circumstances into account.

In 2013, we drafted and distributed a questionnaire designed to give us a better idea of who the youths we serve are and what their backgrounds and needs entail. We will continue to analyze the information we have received in the coming year and use it to guide our strategic planning efforts. We have put on our collective thinking caps and are re-examining the various services we offer. A retreat in the fall of 2013 for our employees and board members allowed us to pool our thoughts and talents to identify various paths to be explored. What emerged from the activity was a renewed spirit of teamwork and dedication to our mission, which demonstrates how solid our foundation is and how resolute is our determination to doing more and doing better.

None of this would be possible without the tangible and intangible contributions of our many partners, donors, volunteers and board members whose input and insight enrich our own and motivate us to deliver excellence in everything we do. We acknowledge and thank each and every one of them from the bottom of our hearts.

There is still much to accomplish to help marginalized and at-risk youth live a fulfilling and rewarding life. But together, we can make it happen!

A handwritten signature in black ink that reads "Cécile Arbaud".

Cécile Arbaud

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FRONT-LINE SERVICES

Six youth counsellors

The front-line team offers psychosocial support (listening, support, assistance with administrative procedures) geared specifically to the needs and objectives of the youth we serve. Because we are the first people street youth encounter at the day centre, our main goal is to be welcoming, approachable and respectful. By gaining their trust, one step at a time, we hope to create a meaningful connection so we can offer them moral support, find ways to meet their basic needs and encourage them to make positive changes in their lives. We are also there to guide and refer them to relevant services in order to give them the tools they need to improve their current situation.

Workshops and activities

In addition to the regular and casual activities that had an impact on 260 participants this year, the team organized skateboarding workshops attended by 55 youths as well as a variety of prevention activities dealing with addictions (during Addictions Awareness Week), suicide and Hepatitis C (a joint initiative with the Groupe d'intervention par les pairs – GIAP).

The day centre was visited 27,260 times during the year, 6,111 times by young women and 21,149 times by young men.

292	new youths served
3,721	outreach sessions
439	housing enquiries (short, medium and long term)
167	referrals to detox programs
470	instances of socioeconomic assistance
354	efforts to help youth pursue their education
608	referrals to partner services
170	accompaniments
120	crisis interventions
1,112	other actions (medical assistance, ID cards, legal assistance, etc.)

PSYCHOLOGICAL AND CLINICAL CONSULTING SERVICES

The role of the psychologists and clinical consultants at Dans la rue is to support our youth counsellors in initiating dialogue, analyzing situations, resolving conflicts, exploring possibilities, preparing and implementing case plans, obtaining feedback and developing effective outreach, intervention and assessment tools.

We meet with youth so we can work and take a closer look at their circumstances and the difficulties they face, as well as their hopes and ambitions, in collaboration with youth counsellors and other partners, and ultimately find solutions.

We also take part in research studies, give talks, write articles and offer our clinical insights at various round tables and other groups Dans la rue works with (see the "Our Expertise" section for more information).

- 40** youths received clinical counselling at least once
- 15** youths received ongoing psychological counselling or psychotherapy
 - More than 250 youths benefited directly or indirectly from the services provided by our psychologists (which includes consulting with our counselling teams)
- 50** youths met informally with a psychologist at the Bunker or day centre
 - Youths enrolled in our employment and school programs benefited from our services during workshops and group discussions
 - Psychodrama sessions for youths who use our services
 - Puppetry workshops about life in the streets, in collaboration with the art room coordinator and the music therapist
- 10** Young parents referred to our psychologists received support from our Family Services counsellors either beforehand or at the same time; our services therefore had a direct or indirect impact on a dozen or so young lives

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EMMETT JOHNS SCHOOL

One teacher and one school outreach counsellor

In conjunction with the Centre de ressources éducatives et pédagogiques (CREP), the Emmett Johns School offers Dans la rue youth aged 18 to 25 the possibility of reintegrating into school and society through a high school program adapted to their needs and their individual pace of learning. One of the core goals of this program is to facilitate their transition toward other educational establishments. Working with a specific set of medium- and long-term goals, students strive to find stability and pursue their personal, social and academic development in order to improve their self-sufficiency and self-reliance.

School results

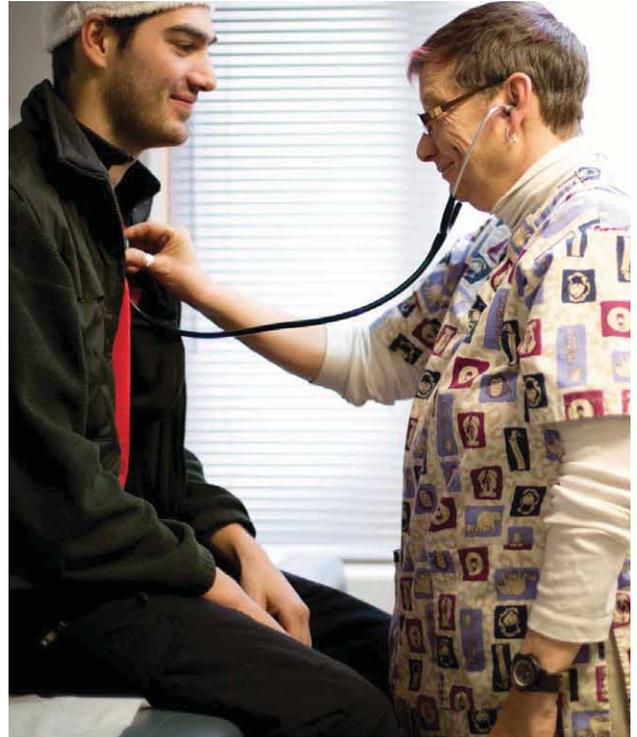
- 30** students passed:
 - 9 math tests
 - 21 French tests
- 21** students achieved their personal objectives
- 6** students completed a grade (Secondary 4 or 5, in most cases)
- 4** students passed their General Development Test (GDT), a prerequisite for obtaining a Diploma of Vocational Studies (DVS)
- 2** students enrolled in a DVS program after attending the Emmett Johns School
- 3** students left to continue their studies elsewhere
- 1** student completed their Secondary 5 requirements
- 1** student was presented with an EXTRA award for perseverance from the Commission scolaire de Montréal
- 2** students received a certificate in recognition of their perseverance (contest run by the Fédération autonome de l'enseignement)

Psychosocial support

The role of the psychosocial counsellor at the Emmett Johns School is to ensure that a suitable framework is in place so that students can pursue and complete their high school education, further their personal and social growth, gradually adopt the life skills they will need as an adult and benefit from overall psychosocial support throughout their time at the school.

- 342** outreach sessions
- 59** new enrollments
- 42** applications for student financial assistance
- 53** other academic-related initiatives
- 257** other actions (medical assistance, ID cards, legal assistance, etc.)
- 17** crisis interventions
- 10** psychological referrals

In addition to regular classroom activities, students took part in discussions about current affairs, day-to-day life, returning to school, self-awareness, the job market and more. These workshops are given in collaboration with our two psychologists. Other activities included a vocational program open house, an education fair, trips to the Biodôme and the Centre d'histoire de Montréal, a week of exploring, a visit to the gym and a special dinner and awards ceremony at the end of the year.



NURSING CLINIC

Our nurse provides 25 hours a week of front-line services related to wellness promotion, disease prevention and treatment of routine health concerns and chronic stable conditions. She serves in multiple capacities and acts as a liaison between youth, the healthcare system and the community at large. She works closely with Dans la rue team members and other healthcare professionals and builds bridges between general practitioners, specialists, CSSSs (health and social service centres) and other community organizations.

- 105** nursing consultations per month on average
- 80** new youths this year
- 6** emergency calls to 9-1-1
- 23** referrals for dental care to the Welcome Hall Mission's new Jim Lund Dental Clinic

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LEGAL CLINIC

The purpose of the legal clinic is to provide Dans la rue youths aged 16 and older with the information and tools they need to make informed decisions about legal matters that affect them. Interns from McGill University are on hand to help make the legal system less intimidating and more accessible by explaining things in clear, everyday language and acting as a bridge between youth, their lawyers and/or the courts. Armed with this support and guidance, they are better prepared and more willing to face and settle any legal issues they may have (fines, criminal charges, etc.).

- 119** requests for legal advice on criminal matters
- 70** requests for legal advice on violations and fines
- 9** requests for legal advice on individual rights when dealing with law enforcement
- 15** requests for legal advice on housing-related issues

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EDUCATIONAL AND SOCIOCULTURAL ACTIVITIES

This program includes recreational therapy, nature expeditions, field trips, sports workshops and cultural outings. The goal is to foster physical and mental empowerment and help youth identify resources that let them explore their identity, their inner strengths, their limitations and their interests, so they can have more control over their own particular circumstances. Ultimately, the focus is on achieving wellness by promoting an active body and an active mind.

- Introduction of a dog obedience program (youth and staff members): 2 group training sessions and 15 one-on-one meetings with a volunteer dog trainer
- Special activities for up to 300 or more participants: Christmas party, retreats outside of the city, picnics, BBQs, open mike nights, Cirque du Soleil show, museum visits, etc.
- Participation in the first *Table de concertation jeunesse on the transition* from youth to adulthood, organized by the Commission des droits de la personne et des droits de la jeunesse (June 14)
- Hosting of a political debate featuring five candidates running for municipal office in Sainte-Marie–Saint-Jacques in September 2013, attended by 30 people

Combined turnout: 1,872 attendees

- 170** activities, 9 of which were new (including a five-day sea kayak expedition)
- 7** outdoor adventures (1–5 nights), with 44 participants
- 498** outreach opportunities made possible





ART ROOM

The art room is a space where youth can channel their creativity, collect their thoughts, build up their inner strength and explore artistic endeavours. They can take advantage of their time in the art room to focus on themselves and make works of which they can be proud.

Please note that the art room was shut down for a few weeks during the year while our coordinator was away on maternity leave. We decided against hosting an art exhibition during *Les Journées de la culture* for this same reason.

2 290 visits
11 youths per day

FAMILY SERVICES

Prevention and education are the main goals espoused by Family Services. The program encourages young parents to look after themselves so they can, in turn, look after their children and be the best parents possible. Program components include meetings and home visits on a voluntary basis, as well as activities outside the home, respite services and subsidized housing.

129 people (87 adults and 42 children) seen during the year
459 home visits
292 meetings with young parents at the day centre
1,229 telephone calls
29 new program enrollees
76 referrals and 92 accompaniments to outside institutional or community resources
460 contacts with social workers, outreach workers or family members
131 opportunities for respite care, provided by our committed volunteers
120 contributions of material and/or financial aid (diapers, food vouchers, The Gazette Christmas Fund, etc.)
214 participants in various activities (weekends at a cottage, Christmas party, meals, Great Pumpkin Ball, etc.)
52 clinical counselling sessions to ensure effective outreach to the families we serve

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MUSIC PROGRAM

This program uses a music therapy-based approach to empower youth aged 18 to 25 served by Dans la rue. It encourages them to work on a concrete project or take part in individual or group workshops in our rehearsal space. Giving them access to musical tools lets them explore their creativity and provides an adapted approach using something that motivates and inspires them. We can then build on this to bolster their self-esteem and guide them on the path to a better tomorrow.

- 5** youths a day on average visited the music room and studio
- 120** different youths used the facilities a year
- 30** youths participated in additional musical activities, including recording sessions in the Dans la rue studio
- 21** youths took part in music counselling sessions (piano, guitar, drums, accordion, bass, mandolin, ukulele, beat box)
 - Some 15 different youths took part in on-air interviews and recording sessions at CKUT, through a special arrangement with the radio station
- 29** youths attended monthly drumming workshops with a professional drummer, as well as several percussion tutorials
- 4** youths worked in the music room in conjunction with our employability program;
- 1** was later hired by Boite à Musique (a professional rehearsal studio)
- 3** youths attended individual music-assisted relaxation sessions
- 2** youths took part in music counselling sessions through the school

New this year:

INSPIRE, Dans la rue's very first musical compilation – showcasing the talent of 9 young men and 4 young women – was launched in the spring of 2013. It represents a tremendous achievement from a personal, artistic, social and musical perspective. The process was a long, intense but ultimately rewarding one and served as an integration tool that brought together our youth and a dedicated group of 15 professional musicians. The results of their hard work can be heard and enjoyed here: <http://danslarue.bandcamp.com>.

SUPPORT AND LIAISON

This program is designed to help youth 18 to 35 who are facing a major life change, get through the experience with a sense of empowerment, independence and pride. We work hand in hand with them, directly in the community, to build bridges with their family and social networks, and we help them connect with local organizations to facilitate their transition toward self-reliance.

MAIN THRUSTS:

- Stability (official ID, regular income, emergency shelter, etc.)
- Access to outside services by escorting youth to hospital, social assistance, housing, court and other appointments
- Development or renewal of partnerships

143 youths
60% aged 26 to 35
71% short-term, 27% medium-term, 14% longer-term
4 appointments per youth on average

Partnerships

The importance of cooperation and partnering with various organizations cannot be overemphasized. Our main goal is to create and strengthen connections with key contacts in the community to “humanize” the available services and streamline the referral process.

As a result, during the course of the year we met with:

- Social services representatives at various hospitals
- Prison staff
- Emploi-Québec and social assistance officers
- Emergency shelter and day centre coordinators
- Street outreach workers
- Representatives from academic institutions

And were involved in various workshops on topics related to mental health and presentations at social assistance workshops.



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COMMUNITY HOUSING OUTREACH

The aim of this project is to provide support to Dans la rue youth aged 16 to 35 in stabilizing their living arrangements, securing a steady income and walking them through the various stages involved in renting an apartment. This requires an approach tailored to their specific situation and designed to promote independence, self-esteem and a sense of belonging, so they feel at home in their new living situation. We also made additional progress on our future goal of building 17 social housing units for Dans la rue youth.

- Monthly participation in the *Réseau d'aide aux personnes seules et itinérantes de Montréal (RAPSIM)* social housing committee to share information and experience and to facilitate networking efforts

- Cooperation with the technical resource group *Atelier Habitation Montréal* to build 17 social housing units for Dans la rue youth.

- The housing project is in progress

MAIN THRUSTS:

- Stability (official ID, regular income, emergency shelter, etc.)
- Search for housing (how, where, budget, social housing, etc.)
- Advocacy (leases, problem situations, evictions, references, etc.)

125 youths consulted the community housing worker
60% under the age of 26
3 meetings per youth on average

PAY-BY-DAY PROGRAM

This program gives Dans la rue youth aged 18 to 25 the opportunity to obtain a few hours or days a week of paid work and take part in community projects in a wide range of fields. The goal is to develop their sense of accomplishment, spark their curiosity, find alternatives to ending up in the penal system, give them the possibility of exploring their specific areas of interest and encourage them to acquire new skills that can be transferred to the workplace.

Backed by specific objectives, the pay-by-day program allows youth to build up their self-esteem, teamwork skills and self-sufficiency. It also plays a big role in reshaping the local community's perceptions of street youth, as they run into them in the neighbourhood and see them involved in our landscaping projects, cleaning up the land adjacent to the day centre and tending the community garden developed with our neighbours. As a result, prejudices break down, a feeling of safety and comfort emerges among residents and business owners, tensions drop and opportunities for dialogue arise. By being active in the community, youth can begin to see themselves as full-fledged citizens and hope they will be accepted for who they are.

Work opportunities include helping out in the community garden and the kitchen, pitching in at the depot, clearing snow, monitoring the computer room, cleaning dog kennels, lending a hand with art projects, painting and murals, housekeeping, assisting our warehouse staff and drivers, and so forth.

361 youths were given jobs, often on a repeat basis
746 jobs posted
 • Total income earned by youth: \$17,556

After their time with the pay-by-day program is up, many youth decide to apply for part-time work in our facilities or the school.

This year's focus was on making youth feel like they are contributing, valued members of the community. Tasks included helping to make the day centre's operations greener, based on feedback obtained from users. Among the initiatives adopted were the elimination of polystyrene cups, the expansion of the recycling program and a reduction in the use of plastic plates, bowls and utensils.

Our thanks go out to Éco-Quartier Sainte-Marie, Urban Seedlings, Compost Montréal, the Friends of the Montreal Botanical Garden, Job 18-30, Le Lion d'Or, MU and the *Société de développement social de Ville-Marie*.



EMPLOYABILITY

Through jobs offered as part of our employability program, we provide 18 to 25 year olds who come to Dans la rue with the possibility of achieving a more stable quality of life, making a medium to long term job-related commitment and enjoying a positive work experience that can serve as a springboard toward subsequent work or academic opportunities. We offer full and part-time positions, all of which have been designed to favour social and on-the-job integration, including objectives aimed at increasing a sense of achievement, boosting self-reliance and acquiring other workplace friendly skills.

- 22** youths worked at one of our facilities (15 part-time, 7 full-time)
- 14** youths successfully completed their employability program
 - After the program, 4 youths started a vocational program, 3 resumed their high school studies, 2 enrolled in university and 5 entered the workforce
- 824** counselling sessions
- 131** interactions with Emploi-Québec and Service Canada
- 143** legal enquiries, including enquiries through the *Programme d'Accompagnement Justice Itinérance à la Cour* (PAJIC) for municipal fines
- 108** referrals to other employability programs
- 299** efforts to help youth find work
- 101** other actions (ID cards, housing, medical assistance, etc.)
- 4** job fairs hosted at the day centre, attended by leading employment organizations
 - Creation of a youth committee for employability program participants (to advise, plan activities, make suggestions to improve quality of life at the day centre, etc.)

CAFETERIA

The cafeteria has been an integral part of Dans la rue's services since the day centre opened in 1997. Besides serving nutritionally balanced meals, in accordance with Canada's Food Guide, five days a week, the cafeteria provides youth with a safe, secure and comfortable environment where they are welcome to socialize and become more acquainted with the programs and services offered through the day centre.

The cafeteria is an excellent first point of contact for street youth and counsellors. Youth can talk about their circumstances and experiences – as well as their hopes and dreams for the future. These discussions over a hot meal in a communal atmosphere are often the first step on the long road to recovery from the ravages of the streets. Our three cooks prepare approximately 175 meals a day, including 30 vegetarian meals. They also feed approximately 20 youths at the Bunker on a daily basis, for a total of 53,380 a year. These meals were prepared during the course of the year for youth who are at high risk of under-nourishment. The cafeteria is therefore essential in maintaining health and warding off serious dietary deficiencies that can have lingering and debilitating after-effects.

Last but certainly not least, the cafeteria is a place of nourishment, warmth and togetherness during key holidays throughout the year (Christmas, Easter and Thanksgiving). More than 600 festive meals were served up in the past year, in part to combat the loneliness that often strikes street youth particularly hard at these times of the year.

- 27,300** meals served to more than 1,200 youth
- 600** special holiday meals served at Christmas, Easter and Thanksgiving
- 7,280** meals prepared for youth staying at the Bunker

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THE BUNKER

EMERGENCY SHELTER

The Bunker is an overnight emergency shelter for 12 to 21 year olds. We can accommodate up to 17 young men and women in crisis, meeting their basic needs (a bed, hot meals, a shower and laundry facilities) and offering them access to a skilled team of specialists who are there to listen to them, support them and refer them to other services. Special priority is given to underage runaways. The Bunker is a safe haven from the dangers of the street.

Given their expertise in the field, Bunker staff members were consulted on the preparation of a guide for youth centre counsellors drafted by the Ministère de la Santé et des Services sociaux (MSSS) on dealing with runaways from the youth protection and foster care system.

359	youths used the facilities
2,637	overnight stays
214	minors
89	new underage arrivals: 56 boys and 33 girls
153	phone calls to parents
83	emergency donations and supplies
100	housing enquiries
111	healthcare interventions

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THE VAN

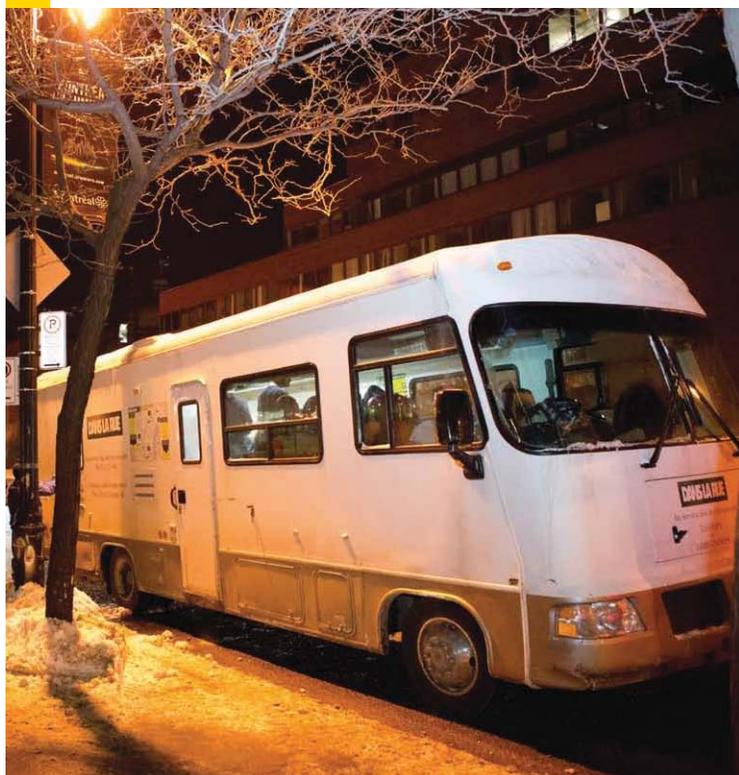
Dans la rue's Van is a welcome fixture in the streets of Montreal, a beacon of solace and stability and a means of building a relationship of trust with homeless and marginalized youth. Through the Van, we reach out to street youth, meet their basic needs, listen to them without judgement, give them a bite to eat and direct them to other services and resources where they turn to for support.

The Van is managed by our staff, but operated entirely by a team of 75 volunteers. We require all of our volunteers to undergo a police check before they are allowed on board. We have 10 crews working on a rotating schedule over a two-week period. Last year, we established a roster of standby volunteers who can be called on if a scheduled volunteer cannot make a shift. This made a huge difference in our productivity, especially during flu season and the summer holidays.

We also stepped back to take a critical look at the program during the year. A questionnaire was developed to obtain a more accurate profile of the youth who use the Van's services, establish how frequently they drop by, identify the seasonal variables involved and find out what their overall perceptions are. Although the exercise was somewhat informal and the analysis is not yet complete, we have already learned a great deal. The findings have been shared with the day centre counsellors in an attempt to strengthen the ties between the two services and take advantage of their feedback to improve the efficiency of the Van's operations.

Moreover, volunteer recruiting, selection and training procedures were streamlined during the year. The Dans la rue website was used to post volunteer opportunities and simplify the registration process, which will be even more effective once the site structure is revamped. The selection process was also updated. A program was set up to train the Van's drivers, with help from two of our volunteers who are professional firefighters and skilled in operating oversized vehicles. This will help make the task of getting behind the wheel less daunting. Finally, a pilot project known as Info café was established to help volunteers fine-tune their skills, improve safety practices and boost team spirit.

The Van was visited **17,461** times during the year



VOLUNTEERING

We have long enjoyed the support of a committed and skilled group of volunteers. Together, we have built a unique mix of programs and services for marginalized youth to provide them with support, guidance and opportunities to grow.

Our volunteers made an indelible mark on the lives of street youth all year long, through the Van, the Bunker and the day centre. The tasks they performed were indispensable: cleaning the facilities, preparing hot dogs, serving holiday meals, tutoring in the school, sharing their expertise at our tax, dental or veterinary clinics, lending their talents through the art and music room programs, lacing up for our hockey games and much, much more.

Through their caring, commitment, expertise and connections, our volunteers have been instrumental in guiding Dans la rue's growth over the year, without ever losing sight of what's most important: the youth we serve.

More than **85** dedicated volunteers help us carry out our mission. Thanks to all our Volunteers.



OUR EXPERTISE

PARTNERSHIPS

The Clinique des Jeunes adultes psychotiques (JAP) and the Unité de psychiatrie des toxicomanies (UPT) of the Centre hospitalier de l'Université de Montréal (CHUM) were able to keep the *Equiip SOL* (Équipe d'intervention intensive de proximité) pilot project running during the year. Under this program, the *Equiip SOL* team goes out into the streets and other areas frequented by marginalized youth to improve continuity in the services offered and facilitate access to the addiction treatment, psychiatric rehabilitation and social integration services offered to street youth.

- During the year, Dr. Martin Gignac, a psychiatrist with the Institut Philippe-Pinel de Montréal, offered three sessions of clinical supervision to our youth counsellors on how to deal with particularly challenging mental health cases.

- Dr. Klaus Minde, a child psychiatrist, regularly volunteers his time and expertise to advise Dans la rue psychologists.

- Every week, a social worker and a nurse from the CSSS Jeanne-Mance's Clinique jeunes de la rue provide testing and counselling services related to sexually transmitted and blood-borne diseases.

- Once a week, the nursing clinic welcomes Dr. Giosi Di Meglio from the Adolescent Medicine Clinic of the Montreal Children's Hospital.

- AIDS Community Care Montreal (ACCM) visits the day centre once a month to provide workshops and other activities on HIV prevention.

- The Centre Dollard-Cormier Youth Program sends an addiction counsellor to the day centre once a week.

- Dans la rue's Family Services and one of our psychologists are taking part in a study on the use of genograms as a "generational" intervention tool for reaching out to street youth and putting an end to the cycle of dysfunctional parenting. This action-research project is led by Dr. Sophie Gilbert, a professor with the Psychology Department of the Université du Québec à Montréal (UQAM).

- The Université de Montréal's Faculty of Veterinary Medicine runs a monthly clinic specifically for street youth's four-legged companions.

- CKUT radio comes to the day centre every two weeks to let youth take the microphone and talk or share their music with listeners. Each session is open to 6 to 10 participants.

- Cirque Hors Piste drops by weekly to recruit participants for their activities.

- Québec Cinéma is a regular visitor, showing Quebec-made short films to the students at the Emmett Johns School several times a year and during the "drop-in" event and discussion workshop.

- Groupe d'intervention alternative par les pairs (GIAP).

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PUBLICATIONS

Aubin, D. and Glaize, A. Interviewed for "L'amour à la rue" by Vanessa Hébert (2013). *L'itinéraire*, pp. 26–27.

- Aubin, D. (2013). "Michel Lemay, 'Interventions thérapeutiques,' J'ai mal à ma mère (1979)," in 46 commentaires de textes en clinique institutionnelle, published under the direction of Didier Drieu, pp. 187–194. Paris: Dunod.

TRAINING PROGRAMS

Courses taken by all staff members who work with youth

- The basic OMEGA program to develop intervention skills and techniques in order to promote the safety of workers and youth in an aggressive situation (14 hours)

Courses taken by all our youth counsellors and professionals

- Attachment (part 1), emotional self-regulation and mentalization, Isabelle Boivin

- Basic training in epilepsy, Dr. Lisa Bateman

- Cardiopulmonary resuscitation (refresher)

INTERNS

Every year, several social work and nursing interns come to Dans la rue as part of their vocational, college or undergraduate program.

This year, we welcomed 23 interns, 11 of which worked full-time and 12 of whom completed one to three days for shadowing.

TALKS AND PRESENTATIONS

Diane Aubin, Psychologist. Divers aspects psychologiques de l'itinérance. Colloque des Juges, Montreal Municipal Court, April 2013.

- Diane Aubin Psychologist. Aspects psychologiques et pertinence d'une approche de proximité (2e partie). Colloque sur la psychiatrie urbaine-itinérance, Itinérance chez les jeunes: Approcher, réintégrer. CHUM-Hôpital Notre-Dame. Montreal, September 2013.

- Caroline Dufour, Director, Youth Services. Enjeux et défis liés à l'employabilité et l'école de la rue. Annual general meeting, Réseau Solidarité Itinérance du Québec, Drummondville, February 2013.

- Maude Pellerin, Team Leader and Youth Counsellor. Quand la psychose est sans abri. Colloque Itinérance jeunesse et santé mentale, CHUM, Montreal, September 2013.

- Julien Peyrin, Music Therapist. Speaker at several forums in Europe on the theme of music therapy adapted to the needs of high-risk youth (during a sabbatical leave):

- General meeting, Association Suisse de Musicothérapie, Bern, March 2013.

- Continuing education seminar for music therapy students. Université Paul-Valéry Montpellier 3, June 2013.

- Patrice Turcotte, Youth Counsellor, Educational and Sociocultural Activities. Marginalisation et l'exclusion en contexte d'itinérance. LaSalle College, Montreal.



OUR COMMUNITY INVOLVEMENT

Groups and associations we contribute to

- Réseau d'aide aux personnes seules et itinérantes de Montréal (RAPSIM)
- Opération Droits Devant
- Comité de liaison en itinérance
- Table de concertation jeunesse/itinérance
- Coalition réduction des méfaits
- Regional and provincial committees: *Rejoindre les mineurs en fugue: une responsabilité commune en protection de l'enfance*
- National Youth Homelessness Learning Community
- Canadian Mental Health Association
- Association des intervenants en toxicomanie du Québec (AITQ)
- Regroupement intersectoriel des organismes communautaires de Montréal (RIOCM)
- Équipe de proximité (team includes: *Dans la rue*, the *Clinique des jeunes de la rue/CSSS Jeanne-Mance*, *Diogène*, *Médecins du monde*, JAP-SOL)
- The Equiip SOL project
- Réseau PIC : *Projet d'intervention concertée pour la prévention du suicide chez les jeunes*

Occasional contributions

- Ministerial committee on underage runaways and consultation with teams from the Bunker – Caroline Dufour
- Discussions and clinical work with workers and teams from the Centre jeunesse de Montréal-Institut universitaire: Shared concerns about the difficulties involved in transitioning from child to adult and providing referrals for those who have aged out of youth protection services – Diane Aubin

Research (one to five year commitments)

- COSMO study: Working group on motivational interviewing – Élise Roy, Université de Sherbrooke
- Project to implement motivational interviewing in a community setting – Élise Roy, Université de Sherbrooke
- Research on parenthood among young homeless adults: transmission, perpetuation and intervention issues, Université de Montréal – *Groupe de recherche sur l'inscription sociale et identitaire des jeunes adultes* (GRIJA)
- Research report on the Dans la rue INSPIRE project – Julien Bidar, Département de communication, stratégies de production culturelle et médiatique, Université du Québec à Montréal, September 2013
- Transformational Research in Adolescent Mental Health (TRAM) project, selection process currently underway. Active involvement by Diane Aubin in the drafting of the letter of intent, the three-day capacity-building workshop and the ACCESS network meetings. This project is a joint initiative of the Canadian Institutes of Health Research (CIHR) and the Graham Boeckh Foundation. It takes a novel approach that aims to catalyze fundamental change in Canadian youth mental health care in five years. TRAM is currently in the process of selecting one pan-Canadian network to receive funding. ACCESS is one of the networks in the running

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	2012-2013	2011-2012
	\$	\$
REVENUES		
Donations	3,282,224	3 603 586
Planned donations	746,769	182 764
Government grants	148,309	153 776
Special events	176,693	133 876
	<hr/>	<hr/>
	4,353,995	4 074 002
EXPENSES		
Day centre		
Front Line	418,556	403,264
Psychosocial services and programs	1,366,704	1,266,204
Support services	647,164	681,887
The Bunker	469,919	413,273
Van	125,543	115,882
Volunteers coordination	63,912	69,055
Charges for fundraising	499,963	520,048
Special events	63,040	41,541
Administration	453,307	340,074
Amortization of property and equipment	116,891	149,152
Credit card and bank charges	25,827	22,894
	<hr/>	<hr/>
	4,211,626	4,023,274
EXCESS OF REVENUES OVER EXPENSES BEFORE INVESTMENT INCOME	142,369	50,728
Investment income	499,941	230,096
	<hr/>	<hr/>
EXCESS OF REVENUES OVER EXPENSES	642,310	280,824

See accompanying notes to the consolidated financial statements.

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